Norfolk Learning Disabilities Partnership Board meeting





Thursday 17th August 2023

10:00am – 12:00pm

Meeting held using Zoom

made with photosymbols

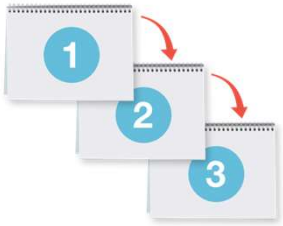
easy read

Who attended our meeting?

This list shows how people who came to the meeting identified themselves

June Walton, Acting Co-chair
Rachel Gates, Co-chair
Lucy Adcock, ASD Helping Hands
Amanda Johnson, Norfolk County Council
Kenny Nichols, Self-advocate
Kyle Fraser, Self-advocate
Jamie Abbott, Self-advocate
Keith Page, Thera East Anglia Supporter
David Parker, Thera representative
Justin Smith, Thera representative
Jon Rose, Mid-Norfolk Mencap
Maxine Webb, Counsellor
Anna Fairhurst, Learning Disability Commissioning Manager
Walter Llody-Smith, Norfolk Safeguarding Adults Board Manager
Robert, Opening Doors
Oliver, Opening Doors
Cathy, Opening Doors
Alison Furniss, Family Voice
Heidi Mckay, Senior Lead Community LD Nurse
David Leaper, North Health Team manager
Ian Bell, Norfolk Community Health and Care NHS Trust
Joanna Yellon, Director for Learning Disability and Autism in the Integrated Care Board
Andy Hudson, NHS Norfolk and Waveney Integrated Care Board
Caron Ager, NHS Norfolk and Waveney Integrated Care Board
Kelly Mann

This meeting had three main topics:



Amanda Johnson gave an update on the Locality groups and spoke about the next steps for the Learning Disability Plan



Walter Lloyd-Smith gave us a summary of the Adult Safeguarding Summit



Thera Trust presented the 'My Happiness Project' to the board

Question



Question: Strategy is confusing, and many people do not understand the word, could it be referred to as plan?



Answer: Yes, it will now be the Learning Disability Plan

Amanda Johnson update (1)



Amanda explained what they had done so far:



May & June 2023 - presentation to Learning Disability Partnership Board and Making it Real Board to agree approach and ideas

Amanda Johnson update (2)



June & July 2023 – start of engagement at Learning Disability Partnership Locality groups sharing the ‘Looking back on 2018-2022 strategy’



and gathering feedback and ideas for the new plan

Amanda Johnson update (3)



Amanda then discussed how she would like to get people involved to collect more ideas



From August 7th we have launched the survey to gather a wider range of people's ideas for the new plan

Amanda Johnson update (4)



The survey can be filled in by someone with a learning disability, a family carer



a professional or provider who supports people with a learning disability

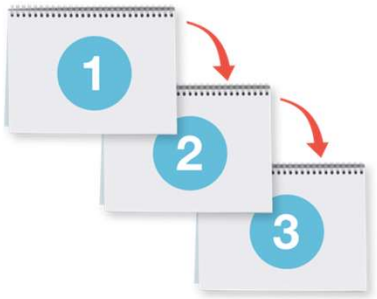
Amanda Johnson update (5)

Results of the survey will come back to ASD Helping Hands on behalf of the Partnership Board



The survey will close on September 7th

Amanda Johnson update (6)



Amanda let the board know the next steps



Using all the feedback received from the Locality Group meetings and the survey

Amanda Johnson update (7)



Adult Social Services and Norfolk & Waveney NHS Service will draw up a Draft Learning Disability and Action Plan



This Draft Action Plan will be shared through the Learning Disability Partnership Board

Amanda Johnson update (8)



It will also be shared at the October & November Locality Group meetings to check what has been written



Once agreed, we will publish the new Learning Disability and Action Plan on the Partnership Board website

Safeguarding Adult Review (1)

2

This was the second Progress meeting.



50 plus people attended including people with lived experience, local and national leaders

Safeguarding Adult Review (2)



A Safeguarding Adults Review is a special study that helps:

- Different groups work together
- Learn important things from difficult or serious situations

Safeguarding Adult Review (3)



These situations happen when someone who needed help and care has either:

- Passed away
- Got really hurt
- People think they might have been treated badly

Safeguarding Adult Review (4)



The review helps us figure out,



how we can do a better job of keeping people safe from harm and making sure they're not treated badly.

Safeguarding Adult Review (5)



The Joanna, Jon and Ben Safeguarding Adult Review has 13 recommendations



The summit heard from one of the previous residents at Cawston Park who is shortly moving to his own residence

Question



Question: Were Joanna, Jon and Bens families involved?



Answer: They were all asked whether they would like to be involved or not

Safeguarding Adult Review (6)



An update was given on the current Norfolk position for adults using these types of services



Since September 2022 there have been:

- 7 discharges
- 7 admissions

Safeguarding Adult Review (7)



There are currently 14 inpatients. Against an **NHS** England target of 12. **(NHS - National Health Service)**



With 6 people still receiving active treatment



8 patients are ready for discharge and plans are progressing.

Safeguarding Adult Review - Healthwatch Norfolk (1)

Healthwatch Norfolk shared findings from a year-long project



This project gathered the views of people with learning disabilities and autistic people using residential and secure inpatient units in Norfolk, and their families.



People told Healthwatch they want services that help them:

Safeguarding Adult Review - Healthwatch Norfolk (2)



They thought that disabled people's lives were just as important as the lives of people who aren't disabled.



family-like relationships between residents and with staff



Getting what you want and having people listen and do something about it.

Safeguarding Adult Review - Healthwatch Norfolk (3)



Staff and managers with a good understanding of people's needs



Helping people learn and do things on their own by giving them chances and help.



Helping people be a part of and contribute to their community in a meaningful way.

Safeguarding Adult Review - Durham Safeguarding Adults Partnership



Durham Safeguarding Adults Partnership shared their findings and learning following the Whorlton Hall Safeguarding Adults Review



We are working with Durham on shared work

Safeguarding Adult Review - Coalition for Change (1)



A group called the Coalition for Change has been set up



They shared a message from important people who review safety in the UK.



They want the government to stop bad things from happening in the future, like what happened at Hesley, Whorlton Hall, and Cawston Park

Safeguarding Adult Review - Coalition for Change (2)



People and groups from different parts of the UK are being asked to support this request to the government.



The request is about stopping more bad things from occurring.

Safeguarding Adult Review - Curators of Change

CURATORS OF CHANGE

Curators of Change is helping create a set of rules for fair planning. They gave an update on their progress.



After doing many activities together, they realized the rules should be about more than just planning



They should guide how we all work in Norfolk.

Safeguarding Adult Review - Tackling racism



We are working to stop racism in real ways, like how people act and treat each other



In the past year, Norfolk County Council talked to staff who experienced racism. Most of them said they faced racism from the people they help



Norfolk County Council is making changes in how they report things and getting ready to give new training.

Safeguarding Adult Review - Changing the law for private healthcare providers



They want to make new rules for private healthcare providers to keep adults safe.



The Law Commission is still trying to get help from the government for this job.

Question



Question: What is the Law Commission?



Answer: A group of lawyers that advise the government on how to change laws we have in this county

Safeguarding Adult Review (8)



After they shared the Safeguarding Adult Review report,



NHS England is helping more patients in their community.

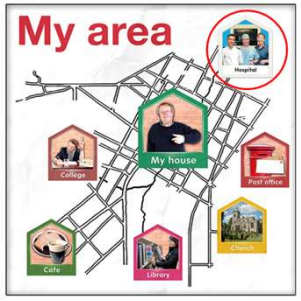
Safeguarding Adult Review (9)



This helps them feel like regular members of the community and have better experiences.



It also makes things better for the staff.



And people who need to go to the hospital can do it nearer their homes

Safeguarding Adult Review (10)



Department of Health and Social Care has been working on changing the Mental Health Act and the Mental Capacity Act.



They must make it simpler for people with a learning disability and autistic people to leave the hospital.



They also want to make the laws better so that these people are treated well.

Safeguarding Adult Review (11)



This is shown in the NHS Long Term Plan



They are going to reduce by half the number of people with a learning disability and autistic people staying in mental health hospitals.

My Happiness project (1)

Thera East Anglia joined the board to talk about the ‘My Happiness Project’



This project is about looking at what makes people happy.



It is also about understanding how we support people and **<u>why</u>** we do the things we do.

My Happiness project (2)



David from Thera explained:



That things can be hard, but it is important and necessary that they happen

My Happiness project (3)



Things can happen occasionally, but they need to be dealt with keeping your feelings in mind



People's happiness can go against what staff feel should happen

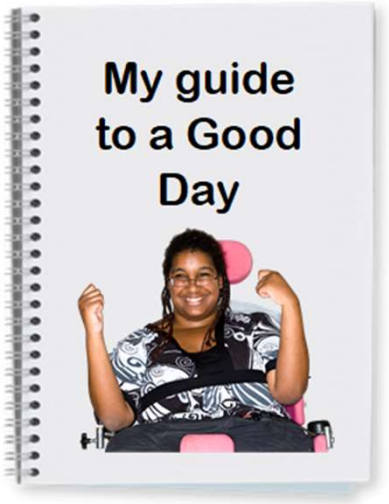
My Happiness project (4)



Justin then went on to tell the board what is happening now:

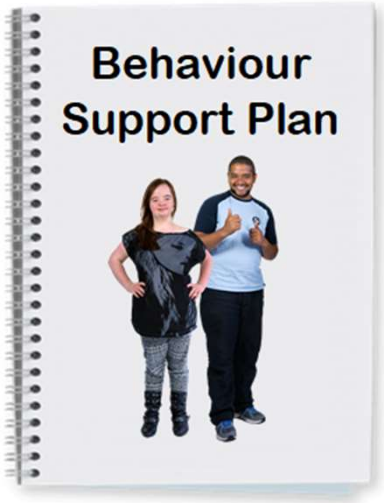


Positive Behaviour Support training and workshops



Roll out ‘My guide to a Good Day’

My Happiness project (5)



Looking at Behaviour Support Plans



Working with Families Workshop



Working with staff

Any other Business (1)



Lucy explained that she had made a survey



This survey will decide whether the partnership board meetings will stay online or start being face to face



The survey can be found here: https://forms.office.com/e/ESRS6BDuyX

Date of Next meeting







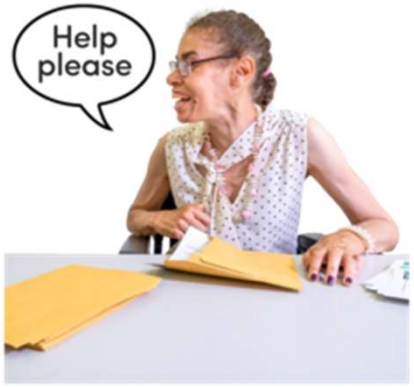
Venue: Zoom



If you have any questions or ideas to share,

please email **contact@norfolkldpartnership.org.uk**

What support was available before and after the meeting?



Support available (1):



People were able to give their feedback in other ways. For example, Rachel met with some of the self-advocates separately.



We held a ‘pre meet’ to talk through how the main meeting would work, and a ‘feedback meeting’ afterwards to ask how the main meeting went.

Support available (2):



We also held a feedback session following the main meeting. This was to provide support or to any answer questions if needed.



We plan to continue to offer this support to our members in the future.